



The Foundation
for Medical Practice
Education



New to The Community?

Build Your Local Network And Earn Your Credits From Day One.

The Practice-Based Learning Program (PBLP) helps new family physicians navigate local resources, connect with colleagues, and meet CME requirements — all in one program.

Why New Family Physicians Choose Small-Group Learning

- Learn about local resources, referral networks, and programs specific to your community.
- Build relationships with colleagues who already practice in your area.
- Get oriented to the local standard of practice.
- Join a supportive peer community that sustains both your well-being and your practice.

About the Practice-Based Learning Program (PBLP)

PBLP is a leading continuing medical education (CME) program for Canadian family physicians. You can work through learning objectives with peers in a facilitated group, individually, or a mix of both. The longitudinal program is built around evidence-based learning modules and focused reflection that supports lasting change in practice.

Program Benefits

- A flexible, engaging way to enhance clinical practice.
- Adapts to your learning style: individual, small group, or both.
- Built on evidence-based modules — 14 new topics published every year.
- Includes reflection tools that help translate learning into real practice change.
- Hundreds of groups across Canada, so there's likely one already meeting near you.
- Curriculum designed by family physicians, for family physicians.

Earn Your Credits With Ease

- PBLP is certified by the College of Family Physicians of Canada and by the Quebec College of Family Physicians — a continuing professional development accrediting body recognized by the Collège des médecins du Québec.
- Depending on your level of participation, you can earn up to 304 Mainpro+® Certified Activity credits and up to 360 Mainpro+® Certified Assessment Activity credits over 36 months.
- Credits are uploaded automatically to the CFPC once you provide your CFPC number — no manual tracking required.

How to Become a Member

First, Join Our Program

- Register at fmpe.org
- Get your login and password after registration and pay online.
- Then start learning on your own!

Join an Existing Group

- Email FMPE to join a group, include the facilitator's name.
- Or email us to ask which groups in your area or open to new members.

Start a New Group

- Groups are typically 4-10 members in size, one member trains as facilitator and gets 50% off their membership fee.
- Email fmpe@mcmaster.ca to register for virtual facilitator training.

Learn More or Register

Program Details



fmpe.org/our-program/program-information/

Sample Module



fmpe.org/modules/

To Register



fmpe.org/our-program/how-to-join/

Our Newsletter



fmpe.org/about/publications/newsletter/

Questions? Email fmpe@mcmaster.ca or Call 1-800-661-3249



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PBLP is a collaboration between FMPE and McMaster University

